



Lions Clubs International

FROME LIONS CLUB (CIO)

Registered in England and Wales with Charity Number 1184606

President: Lion Allison Rumming
17 Churchill Road Frome BA11 4ED
Telephone: 01373 462381 (h) 07794 091292 (m)
Email: allison.rumming@fromelions.org.uk

Allison Rumming
17 Churchill Road
Frome
BA11 4ED

31st December 2025

39th ANNUAL CHARITY SPONSORED SWIM - Sunday 8th March 2026

Dear Supporter

I am delighted to let you know that our annual Sponsored Swim will be held again in 2026, on Sunday 8th March at the Frome Leisure Centre, from 12 noon.

We invite you to raise a team (or teams) of six to take part in the swim, with each member of the team obtaining their own sponsors. The sponsorship money will go to Frome Lions Club (CIO) Registered Charity No. 1184606 who will:

- donate a sum equal to at least 50% of the sponsorship monies your team have collected to your own charity of choice or your own Club/School funds and
- support SWEDA – a locally based charity doing vital work supporting those with eating disorders (UK Registered Charity No. 1056441 - <https://swedauk.org>) - and Children's Hospice South West (UK Registered Charity No. 1003314 <https://www.chsw.org.uk>) with the remaining monies raised by the event

Initial details of the swim are on the attached application form. Please return this to me as soon as possible, by email or post, ideally no later 15th February. I will then let you have the sponsorship forms. If you have any queries please email Allison (allyrumming@live.co.uk), or telephone Allison on 07794 091292 or Judy on 07702 728455.

Swimming will take place in 25-minute sessions between 12.00 and 4:00 pm. We will commence the afternoon with the pool configured for swimming widths rather than lengths - please tick the box on the entry form if you would like your team to swim widths. If you prefer certain swim times, please indicate this on the form.

This event is challenging and it is therefore very important that team captains ensure all participants are reasonable swimmers. This is particularly important with children's teams, so please make sure that only competent swimmers take part.

The lounge overlooking the pool will be open for spectators. Please encourage as much support as you can by inviting relations and friends to cheer you on.

“Ordinary People Amazing Things”

Secretary: Lion Frank Collins
10 Collett Way, Frome, BA11 2XR
Telephone 07773 369112
Email: frank.collins@fromelions.org.uk

Treasurer: Lion Mark Symes
20 Wellow Drive, Frome, BA11 2DU
Telephone 01373 467844
Email: mark.symes@fromelions.org.uk

This year we will have seven trophies as follows:

1. The Team completing the most laps, lengths.
2. The Team completing the most laps, widths.
3. The Team completing the most laps without a majority of swimming club members.
4. The Team raising the most sponsorship both pledged on the evening and collected.
5. The Organisation raising the most sponsorship by entering more than one team pledged and collected.
6. The Team aged 11 and under completing the most laps.
7. The best performing School, as judged by our Lions Club President.

These will be awarded at a later presentation evening, usually held in May, together with your 50% share cheques, after we have received the sponsor monies in from yourselves.

For those who wish to use Just Giving pages to collect monies please have these monies routed to your own account initially before you then pay them to us. Please do NOT ask for these to be paid direct to Frome Lions Club by Just Giving.

Unfortunately, payments from Just Giving reach us without any means of our being able to identify who they are from, so we may not be able to correctly credit your team with the right amount that you have raised if funds collected in this way are paid to us direct from Just Giving.

We do hope that you are able to support this, our thirty-ninth Annual Charity Swim.

Yours sincerely

Allison Rumming and Judy Chant
Event Organisers

Principal Event Sponsor

