FROME LIONS SPONSORED SWIM - TEAM ENTRY FORM

Sunday 3rd March 2024 from 1.00pm

Please return by February 10th via email: allyrumming@live.co.uk

or post to Allison Rumming, 17 Churchill Road, Frome, BA11 4ED

Name of Organiser / Contact
Drganisation/Club/School:
Address:
Postcode:Tel:Tel:
Email

We wish to enter team(s) in the charity swim to be held on 3rd March 2024.

Each team consists of 6 swimmers, with an adult (non-swimming or swimming) captain and swims for 25 minutes in relay. The second swimmer enters water when the first has completed a length, so there are two swimmers in the water throughout your swim period.

Please tick this box if all your swimmers wish to swim widths:	
--	--

When completed, please return this form to Allison Rumming (as above). Sponsorship Forms will be posted to you but if you would like a PDF version emailed to you please tick this box:

Confirmation of your swim time(s) will be given approximately 10 days prior to the event, together with further instructions.

Please state here if you have any time-slot preference.....

Captain	No. of swimmers in each age bracket			
	Under 12	12-16	17 and over	
	Captain			



Signed.....