

## **Lions Clubs International**

FROME LIONS CLUB (CIO) Registered in England and Wales with Charity Number 1184606

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## 37th ANNUAL CHARITY SPONSORED SWIM - Sunday 3rd March 2024

## Supported by AGGREGATE INDUSTRIES UK Ltd

Dear Supporter

I am delighted to let you know that our annual Sponsored Swim will be held again in 2024, on Sunday 3<sup>rd</sup> March at the Frome Leisure Centre.

We invite you to raise a team (or teams) of six to take part in the swim, with each member of the team obtaining their own sponsors. The sponsorship money will go to Frome Lions Club (CIO) Registered Charity No. 1184606 who will:

- donate a sum equal to at least 50% of the sponsorship monies your team have collected to your own charity of choice or your own Club/School funds and
- support Frome Youth and Community Care Centre (FYCC) with the remaining monies raised by the event

FYCC provide young people with a safe space where they can:

- Have dedicated time to talk to trusted youth workers, to explore any feelings or concerns.
- Access relevant information about issues that concern them, including advice, guidance, and signposting to specialist services when support is needed.
- Develop their social networks and build friendships.
- Get involved in programmes that explore topics such as education and careers, mental health, and building resilience.
- have practical opportunities to develop confidence & life skills.

Initial details of the swim are on the attached application form. Please return this to me as soon as possible, by email or post, ideally no later 10th February. I will then let you have the sponsorship forms. If you have any queries please email, or telephone Allison on 07794 091292 or Judy on 07702 728455.

Swimming will take place in 25-minute sessions between 1.00 and 4:00 pm. If you wish to swim within a certain period, please make that clear in the relevant section of the entry form.

## "Ordinary People ...... Amazing Things"

Secretary: Lion Frank Collins 10 Collett Way, Frome, BA11 2XR Telephone 07773 369112 Email: frank.collins@fromelions.org.uk Treasurer: Lion Mark Symes 20 Wellow Drive, Frome, BA11 2DU Telephone 01373 467844 Email: mark.symes@fromelions.org.uk We will commence the afternoon with the pool configured for swimming widths rather than lengths for any team that wishes to swim widths - please tick the appropriate box on the entry form if you would like your team to swim widths. Teams wishing to swim widths will be allocated the early swim times before we then switch to lengths. If you prefer certain swim times, please indicate this on the form.

This event is challenging and it is therefore very important that team captains ensure all participants are reasonable swimmers. This is particularly important with children's teams, so please make sure that only competent swimmers take part.

The lounge overlooking the pool will be open for spectators. Please encourage as much support as you can by inviting relations and friends to cheer you on.

This year we will have seven trophies as follows:

- 1. The Team completing the most laps, lengths.
- 2. The Team completing the most laps, widths.
- 3. The Team completing the most laps without a majority of swimming club members.
- 4. The Team raising the most sponsorship both pledged on the evening and collected.
- 5. The Organisation raising the most sponsorship by entering more than one team pledged and collected.
- 6. The Team aged 11 and under completing the most laps.
- 7. The best performing School, as judged by our Lions Club President.

These will be awarded at a later presentation evening, usually held in May, together with your 50% share cheques, after we have received the sponsor monies in from yourselves.

Please also be aware that personal data collected by the Lions Club of Frome in the course of this event will be retained by the Lions Club of Frome in accordance with our Data Protection Policy, a copy of which is available on request.

We do hope that you are able to support this, our thirty-seventh Annual Charity Swim.

Yours sincerely

Allison Rumming and Judy Chant Event Organisers

**Principal Event Sponsor** 

