

FROME LIONS SPONSORED SWIM - TEAM ENTRY FORM

Sunday 19th March 2023 from 3.00pm

Please return by February 20th via email greg.wood@fromelions.org.uk or post to Greg Wood, 17 Lansdown Place, Frome BA11 3HP.

Name of Organiser / Contact.....

Organisation/Club/School:

Address:

.....

Postcode: Tel:

Email.....

We wish to enter team(s) in the charity swim to be held on 19th March 2023.

Each team consists of 6 swimmers, with an adult (non-swimming or swimming) captain and swims for 25 minutes in relay. The second swimmer enters water when the first has completed a length, so there are two swimmers in the water throughout your swim period.

| | |
|--|--------------------------|
| Please tick this box if all your swimmers wish to swim widths: | <input type="checkbox"/> |
|--|--------------------------|

When completed, please return this form to Greg Wood (as above). Forms will be posted to you unless you indicate you want them via email PDF – if you require a PDF only, please tick this box:

Confirmation of your swim time(s) will be given approximately 10 days prior to the event, together with further instructions.

Please state here if you have any time-slot preference.....

| Team Name | Captain | No. of swimmers in each age bracket | | |
|-----------|---------|-------------------------------------|-------|-------------|
| | | Under 12 | 12-16 | 17 and over |
| Team 1 | | | | |
| Team 2 | | | | |
| Team 3 | | | | |
| Team 4 | | | | |
| Team 5 | | | | |

Signed.....